HEALTHY FOOD ON CAMPUS

The ‘ĀINA In Schools Healthy Food On Campus component increases local, fresh products in school lunches and snack programs to provide healthy choices. It also encourages healthy food and waste-free alternatives in home lunches, classroom celebrations, and school fundraisers.

Grade Level Focus: Entire School

Educational Offerings

- Kōkua Hawai‘i Foundation School Food Coordinator consults with Participating ‘ĀINA Schools to develop and build upon school food initiatives appropriate for each campus.
- Healthy Snack Programs expose children to fresh, local produce while providing a nutritious learning experience. Some ‘ĀINA schools pay for snacks through the Fresh Fruit & Vegetable Program while others raise funds to purchase their own snacks.
- The ‘ĀINA In Schools Fresh Choice Hawaiian Harvest Toolkit features info sheets, prep guides, and signage on 24 locally grown fruits and vegetables. This resource is currently being piloted and will be available to all schools in the 2013-14 school year.
- Student Farmers’ Markets and “farm-raisers” are excellent ways for kids to become eco-entrepreneurs while supporting their school garden and local farmers through school fundraisers.
- ‘ĀINA In Schools Fresh Choice Salad Bars provide students the opportunity to experience fresh, local produce and allow them to make their own food choices in the cafeteria.

Getting Involved & Learning More

- Resource guides on Healthy and Waste-Free Lunches, Healthy Snacks and Waste-Free Classroom Celebrations, Green Fundraising for Schools and more are available. Visit www.kokuahawaiifoundation.org/resources.
- To support ‘ĀINA In Schools contact volunteer@kokuahawaiifoundation.org.
- Subscribe to KHF and ‘ĀINA In Schools e-newsletters for the latest information.