



## FARM TO SCHOOL RESOURCES FOR HAWAI'I EDUCATORS



'ĀINA In Schools is a Farm to School program dedicated to connecting children to their land, waters and food in order to grow a healthier future for Hawai'i.

Sign up for the 'ĀINA In Schools e-Newsletter for the latest in news, events, and farm to school resources  
[www.kokuahawaiifoundation.org/membership](http://www.kokuahawaiifoundation.org/membership)

### Connect with Local School Garden and Farm to School Practitioners:

Hawai'i Farm to School & School Garden Hui: [www.hawaiischoolgardenhui.org](http://www.hawaiischoolgardenhui.org)

### Learn About the Farm To School Movement

National Farm To School Network: [www.farmtoschool.org](http://www.farmtoschool.org)

### DOE Wellness Policy & Toolkit

This toolkit provides background information and resources to assist in the implementation and monitoring of the Department of Education's Wellness Guidelines.

<http://doe.k12.hi.us/foodservice/toolkit/index.htm>

### Curricula & Classroom Activities

- *Big Ideas: Linking Food, Culture, Health, and the Environment* (Grades K-12), [www.ecoliteracy.org/publications](http://www.ecoliteracy.org/publications)
- *Food Is Elementary* Curriculum (preK-Adult), [www.foodstudies.org](http://www.foodstudies.org)
- *Food, Inc.* Discussion Guide (Grades 9-12), [www.ecoliteracy.org/publications](http://www.ecoliteracy.org/publications)
- Food Lesson Plan from the No Impact Man Project (Grades 6-12), <http://bit.ly/noimpactfood>
- *Nourish Food + Community* Film and Curriculum Guide (Middle School), [www.nourishlife.org](http://www.nourishlife.org)
- *Teaching the Food System*, [www.jhsph.edu/research/centers-and-institutes/teaching-the-food-system/](http://www.jhsph.edu/research/centers-and-institutes/teaching-the-food-system/)

### School Lunch Resources

- Better School Food, a Resource for Parents, [www.betterschoolfood.org](http://www.betterschoolfood.org)
- Jamie Oliver's Food Revolution, [www.jamiesfoodrevolution.com](http://www.jamiesfoodrevolution.com)
- The Lunch Box: Healthy Tools for All Schools, [www.thelunchbox.org](http://www.thelunchbox.org)
- Rethinking School Lunch, [www.ecoliteracy.org/publications](http://www.ecoliteracy.org/publications)
- School Food FOCUS, [www.schoolfoodfocus.org](http://www.schoolfoodfocus.org)
- Waste Free Lunches: [www.wastefreelunches.org](http://www.wastefreelunches.org)

### Starting a Garden at Your School

- Visit the 'ĀINA website for "How to..." Resource Guides on building raised garden bed boxes, creating sheet mulch gardens, composting, and more. [www.kokuahawaiifoundation.org/aina](http://www.kokuahawaiifoundation.org/aina)
- *Growing An Educational Garden at Your School* by Colleen Carroll of Kaua'i, [www.naturetalks.net](http://www.naturetalks.net)
- *How to Grow a School Garden: A Complete Guide for Parents and Teachers* by Arden Bucklin-Sporer and Rachel Kathleen Pringle
- School Garden Wizard, an online toolkit for creating successful gardens, [www.schoolgardenwizard.org](http://www.schoolgardenwizard.org)
- *Steps to a Bountiful Kids' Garden* (booklet) from [www.kidsgardening.org](http://www.kidsgardening.org)
- *Slow Food USA's School Garden Manual*, [www.slowfoodusa.org/children-food#view](http://www.slowfoodusa.org/children-food#view)





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## Food & Garden Safety

- *How to...Practice School Garden and Food Safety*, [www.kokuahawaiifoundation.org/aina](http://www.kokuahawaiifoundation.org/aina)
- *Safety First*, [www.kidsgardening.org/node/1141](http://www.kidsgardening.org/node/1141)
- *Student and Food Safety: Best Practices for Hawai'i School Gardens*, [www.ctahr.hawaii.edu/oc/freepubs/pdf/FST-45.pdf](http://www.ctahr.hawaii.edu/oc/freepubs/pdf/FST-45.pdf)

## Funding for School Gardens and Other Environmental Initiatives

In addition to several sources you can find online, the Kōkua Hawai'i Foundation can provide Environmental Education Mini-Grants to help start school gardens. KHF's Environmental Education Field Trip Assistance Program can also provide support for transportation or admission for farm field trips. You can also find a guide to healthy and environmentally-friendly fundraising options, as well as a list of "Green Grants" for schools at [www.kokuahawaiifoundation.org/resources/educators](http://www.kokuahawaiifoundation.org/resources/educators).

## Programs of Interest in Hawai'i

- 'ĀINA In Schools, [www.kokuahawaiifoundation.org/aina](http://www.kokuahawaiifoundation.org/aina)
- The Green House, [www.thegreenhousehawaii.com](http://www.thegreenhousehawaii.com)
- Grow Hawai'i, Hawai'i Association of Independent Schools, [www.growhawaii.hais.org](http://www.growhawaii.hais.org)
- Hawai'i Environmental Education Alliance, [www.heea.org](http://www.heea.org)
- Hawai'i Island School Garden Network, [www.kohalacenter.org/HISGN/about.html](http://www.kohalacenter.org/HISGN/about.html)
- Hoa 'Āina O Mākaha, [www.hoaainaomakaha.org](http://www.hoaainaomakaha.org)
- Ka'ala Farm, [www.kaalafarm.org](http://www.kaalafarm.org)
- Kaua'i School Garden Network, [www.malamakauai.org](http://www.malamakauai.org)
- Māla'ai: the Culinary Gardens of Waimea Middle School, [www.malaai.org](http://www.malaai.org)
- Mālama Learning Center, [www.malamalearningcenter.org](http://www.malamalearningcenter.org)
- MA'O Organic Farms, [www.maoorganicfarms.org](http://www.maoorganicfarms.org)
- Maui School Garden Network, [www.maui-school-garden-network.org](http://www.maui-school-garden-network.org)
- Moloka'i School Garden Network, [www.sustainablemolokai.org](http://www.sustainablemolokai.org)
- O'ahu Farm to School Network, [www.oahufarmtoschool.org](http://www.oahufarmtoschool.org)



## More Hawai'i Gardening & Farming Resources

- University of Hawai'i College of Tropical Agriculture and Human Resources (CTAHR), [www.ctahr.hawaii.edu/freepubs](http://www.ctahr.hawaii.edu/freepubs); Diagnostic Service Center (Soil testing and more), 808-956-6706; Master Gardener Helplines: [www.ctahr.hawaii.edu/sustainag/MG/helpline.html](http://www.ctahr.hawaii.edu/sustainag/MG/helpline.html), O'ahu: 453-6055, Monday-Friday, 9am-12pm
- Hawai'i Farmers Union United, [www.hawaiifarmersunionunited.org](http://www.hawaiifarmersunionunited.org)
- Hawai'i Farm Bureau Federation, [www.hfbf.org](http://www.hfbf.org)
- Hawai'i Food Policy Council, [www.hawaii-food-policy-council.org](http://www.hawaii-food-policy-council.org)
- Hawai'i Homegrown Food Network, [www.hawaiihomegrown.net](http://www.hawaiihomegrown.net)
- Hawai'i Organic Farmers Association (HOFA), [www.hawaiiorganicfarmers.org](http://www.hawaiiorganicfarmers.org)
- Hawai'i SEED (Info on GMO's—genetically modified organisms), [www.hawaiiseed.org](http://www.hawaiiseed.org)

## Gardening Supplies on O'ahu

- **General Garden Supplies:** Ko'olau Farmers, North Shore Organic Gardening, Waimānalo Feed Supply, City Mill, Home Depot, Lowe's, etc.
- **Bokashi (Effective Microorganisms):** [www.emhawaii.com](http://www.emhawaii.com), [www.eachoneteachonefarms.com](http://www.eachoneteachonefarms.com)
- **Composting Worms & Supplies:** Kokua Worms, [www.kokuaworms.com](http://www.kokuaworms.com); Olomana Gardens, [www.olomanagardens.com](http://www.olomanagardens.com); Waikīkī Worm Company, [www.waikikiworm.com](http://www.waikikiworm.com)
- **Fruit Trees:** Frankie's Nursery in Waimānalo, [www.frankiesnursery.com](http://www.frankiesnursery.com)
- **Native Plants:** Hui Kū Maoli Ola in Ha'ikū, [www.plantnativehawaii.com](http://www.plantnativehawaii.com)
- **Seeds:** Local hardware and garden stores have a decent selection. Look for local varieties ([www.ctahr.hawaii.edu/seed](http://www.ctahr.hawaii.edu/seed)), organic and non-GMO seeds. Many vendors sell seeds online, including [www.seedsofchange.com](http://www.seedsofchange.com), [www.johnnyseeds.com](http://www.johnnyseeds.com), and [www.highmowingseeds.com](http://www.highmowingseeds.com). Learn about seed saving and fundraising with seeds at [www.seedsavers.org](http://www.seedsavers.org).
- **Soil, Compost:** Hawaiian Earth Products, [www.menehunemagichawaii.com](http://www.menehunemagichawaii.com). Home and garden stores. Better yet, make your own soil and compost on campus!

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