

ĀINA In Schools is a farm to school initiative connecting children to their land, waters, and food to grow a healthier Hawai'i.

Sign up for the ĀINA In Schools e-Newsletter for the latest news, events, and farm to school resources:

kokuahawaiiifoundation.org/membership



CONNECT WITH LOCAL SCHOOL GARDEN AND FARM TO SCHOOL PRACTITIONERS

- Hawai'i Farm to School Hui, hiphi.org/farmtoschool/

LEARN ABOUT THE FARM TO SCHOOL MOVEMENT

- National Farm To School Network, farmtoschool.org

DOE WELLNESS GUIDELINES

- Background information and resources to assist in the implementation and monitoring of the Department of Education's Wellness Guidelines. hawaiipublicschools.org/TeachingAndLearning/HealthAndNutrition/WellnessGuidelines/Pages/home.aspx

CURRICULA & CLASSROOM ACTIVITIES

- ĀINA In Schools Nutrition, Garden, and Compost Curricula, kokuahawaiiifoundation.org/aina
- Big Green at Home, biggreenathome.org
- Center for Ecoliteracy Publications, ecoliteracy.org/publications
- Cooking with Kids, cookingwithkids.org
- Edible Schoolyard, edibleschoolyard.org
- Farm to Keiki, farmtokeiki.org
- Foodspan Curriculum (High School), foodspanlearning.org
- Hawai'i School Garden Curriculum Map, hiphi.org/f2sresources/#tab-id-3
- In Defense of Food, pbslearningmedia.org/collection/the-idof-curriculum/
- Nourish Food + Community Film and Curriculum Guide (Middle School), nourishlife.org

Find more resource guides at
kokuahawaiiifoundation.org/resources

SCHOOL LUNCH & HEALTHY SNACK RESOURCES

- Āina Pono Hawai'i State Farm to School Program, ainapono.org
- Center for Ecoliteracy, ecoliteracy.org/resources
- Fresh Choice Hawaiian Harvest, kokuahawaiiifoundation.org/hawaiianharvest
- The Lunch Box: Healthy Tools for All Schools, thelunchbox.org

STARTING A GARDEN AT YOUR SCHOOL

- Visit the ĀINA website for "How to..." **Resource Guides** on building raised garden bed boxes, creating sheet mulch gardens, composting, and more kokuahawaiiifoundation.org/aina/resources
- *How to Grow a School Garden: A Complete Guide for Parents and Teachers* Bucklin-Sporer and Pringle
- School Garden Wizard, an online toolkit for creating successful gardens, schoolgardenwizard.org
- Slow Food USA School Garden Resources, slowfoodusa.org/school-gardens
- Steps to a Bountiful Kids' Garden, kidsgardening.org

FOOD & GARDEN SAFETY

- **Fresh, Healthy, and Safe: Best Practices for Growing and Using Produce Grown in Hawai'i School Gardens** posters for Grades PreK-8 and 9-12, hiphi.org/farmtoschool/
- **How Does Your School Garden Grow? Best Practices for Growing Harvesting, and Serving School Garden Produce**, hiphi.org/farmtoschool/
- **How to...Practice School Garden and Food Safety and How to...Practice Slug & Snail Removal in the School Garden Resource Guides**, kokuahawaiiifoundation.org/aina/resources
- **Rat Lungworm Disease Educational Materials**, pharmacy.uhh.hawaii.edu/rat-lungworm/lesson-plans-teachers
- **Student and Food Safety: Best Practices for Hawai'i School Gardens**, www.ctahr.hawaii.edu/oc/freepubs/pdf/FST-45.pdf

Farm to School Resources for Hawai'i Educators



FUNDING FOR SCHOOL GARDENS AND OTHER ENVIRONMENTAL INITIATIVES

Kōkua Hawai'i Foundation provides Program Grants to help start school gardens. KHF's Field Trip Grants can also provide support for transportation or admission for farm field trips. You can also find a "Green Fundraising Ideas" resource guide filled with healthy and environmentally-friendly fundraising options, as well as a list of "Green Grants for Schools" at kokuahawaiifoundation.org/resources/educators.

PROGRAMS OF INTEREST IN HAWAI'I

- ĀINA In Schools, kokuahawaiifoundation.org/aina
- Farm to Keiki, farmtokeiki.org
- The Green House, thegreenhousehawaii.com
- Grow Some Good, growsomegood.org
- Hawai'i Environmental Education Alliance, heea.org
- Hawai'i Island School Garden Network, kohalacenter.org/hisgn
- Hawai'i School Peace Gardens, ihtec.org/ISPGPages/ISPGHawaii.html
- Hoa 'Āina O Mākaha, hoainaomakaha.org
- Ka'ala Farm, kaalafarm.org
- Kaua'i School Garden Network, malamakauai.org
- Keiki & Plow, keikiandplow.org
- Māla'ai: the Culinary Gardens of Waimea Middle School, malaai.org
- Mālama Learning Center, malamalearningcenter.org
- MA'O Organic Farms, maoorganicfarms.org
- Maui School Garden Network, mauischoolgardennetwork.org
- Moloka'i School Garden Network, sustainablemolokai.org
- O'ahu Farm to School Network, facebook.com/oahufarm2school
- Windward Zero Waste Hui, facebook.com/zerowastehui



MORE HAWAI'I GARDENING & FARMING RESOURCES

- UH College of Tropical Agriculture and Human Resources, www.ctahr.hawaii.edu/freepubs; Diagnostic Service Center (Soil testing and more), 808-956-6706
- UH Master Gardener Helplines, www.ctahr.hawaii.edu/UHMG/helpline.asp
- Farm Link Hawai'i, farmlinkhawaii.com
- Hawai'i Farmers Union United, hawaiifarmersunionunited.org
- Hawai'i Farm Bureau Federation, hfbf.org
- Hawai'i Homegrown Food Network, hawaiihomegrown.net
- Hawai'i Organic Farmers Association, hawaiiorganic.org
- Hawai'i SEED, hawaiiiseed.org
- Hawai'i Seed Growers Network, hawaiiseedgrowersnetwork.com
- Hawai'i Tropical Fruit Growers, hawaiitropicalfruitgrowers.org



GARDENING SUPPLIES ON O'AHU

- **General Garden Supplies:** Ko'olau Farmers, Waimānalo Feed Supply, City Mill, City Feed, Home Depot, Lowe's, etc.
- **Bokashi** (Effective Microorganisms): emhawaii.com, thebokashibucket.com
- **Composting Worms & Supplies:** Hawai'i Rainbow Worms, hawaiirainbowworms.com; Kōkua Worms, kokuaworms.com; Olomana Gardens, olomanagardens.com; Waikīkī Worm Company, waikikiworm.com
- **Fruit Trees:** Frankie's Nursery in Waimānalo, frankiesnursery.com
- **Native Plants:** Hui Kū Maoli Ola in Ha'ikū, plantnativehawaii.com; Home Depot
- **Seeds:** Look for local varieties (hawaiiiseedgrowersnetwork.com, www.ctahr.hawaii.edu/seed), organic and non-GMO seeds. Many vendors sell seeds online, including seedsofchange.com, johnnyseeds.com, and highmowingseeds.com. Learn about seed saving and fundraising with seeds at seedsavers.org.
- **Soil and Compost:** Hawaiian Earth Products, menehunemagichawaii.com. Home and garden stores also sell compost. Better yet, make your own soil and compost on campus! Tree trimming companies can be a good resource for mulch.

